



BSA TROOP 400

Summer Camp Packing List

* Optional for Sabattis • Recommended ! *Helpful Hint*

- ___ Back Pack ¹
- ___ Sleeping Bag ²
- ___ Plastic Garbage Bags ³
- ___ ZipLoc Bags ^{4!}
- ___ Laundry Bag ^{*3}
- ___ Pillow ^{*4!}
- ___ Ground Cloth or Bed Sheet
- ___ Shoes / Boots
- ___ Socks
- ___ Swim Suit
- ___ Underwear
- ___ Short Sleeve Shirts
- ___ Shorts
- ___ Sweatshirt/Jacket
- ___ Long Sleeve Shirts ^{*}
- ___ Pants
- ___ Hat
- ___ Towels (bath and beach)
- ___ Mess Kit with Cup, Eating Utensils ^{5 !}
- ___ Canteen
- ___ Matches ^{*6!}
- ___ Pocket Knife ⁷
- ___ Compass
- ___ Flashlight
- ___ Batteries

Personal Care Kit: *(all in a ZipLoc bag or small waterproof container)*

- ___ Deodorant
- ___ Toothbrush
- ___ Toothpaste
- ___ Soap
- ___ Shampoo
- ___ Razor
- ___ Contact Lens care, dental floss, etc.
- ___ Washcloth
- ___ Toilet Paper ^{*•} *(just enough for emergencies)*
- ___ Insect Repellent *(anything with DEET works well)*
- ___ Insect Netting ^{*}
- ___ Rope or Strong Cord ^{•8}
- ___ Personal Medicine
- ___ Paper/Sketchpad, Pen, Pencils ⁹
- ___ Chess Set ^{*} *(we usually have a few of these handy)*
- ___ Stationary/Stamps ^{*•} *(hey guys, write your parents a letter!)*
- ___ Scout Handbook
- ___ Merit Badge Books
- ___ Merit Badge Paperwork
- ___ Work Gloves ^{*}
- ___ Sunglasses
- ___ Disposable Camera [•]
- ___ Watch
- ___ Rain Gear *(a good poncho)*

It's always a good idea when buying camping equipment to get good quality items the first time. Your comfort and safety depends on having reliable equipment. That doesn't mean it needs to be top-of-the-line, but bottom of the line will cost you more in the long run, because it will need to be replaced more often, and may fail when you need it most. Some of the items above are available at the Council Office, or at the commissary at Sabattis, but they'll be expensive at either place. When buying and packing for camp, think "small, lightweight and efficient". Large, bulky and heavy items can quickly overfill a backpack and make it too cumbersome and heavy. Kids don't generally change more than twice (if at all) during a week long camp out, so don't pack too many clothes. A couple changes of clothes and a few extra undies should do the trick. Extra footwear is a good idea. Hiking boots are the best footwear for camping, but sneakers are O.K. too. Make sure they have decent tread on them. Water shoes are good to have for waterfront activities.

Do NOT pack snacks!! Junk food inside your tent *will* attract bears! There is plenty of junk food available at the commissary.

1. A day pack is good if everything fits. It's all you need at Sabattis, because food and shelter are provided, so you don't need to carry a lot of stuff. A good backpack is a good investment.
2. A good 3 season bag that stuffs into a small sack is the is also a good investment. Large, bulky bags are hard to carry.
3. Garbage bags (heavy duty) are good for keeping stuff dry and holding dirty clothes.
4. Gallon sized ZipLoc bags are good for keeping things organized and dry inside your pack. Shirts in one, pants in another, toiletries in another, etc. *Hint: You can fill a ZipLoc with air, put it inside a t-shirt and use it for a pillow. Hint: A pillowcase stuffed with clothes makes a good pillow too. Just pack the pillowcase!*
5. A good mess kit, with your name engraved on the parts. *Hint: You can also use a sturdy (unbreakable) plastic plate, bowl, cup & utensils. Keep them in a Ziploc bag.*
6. Qualified scouts only, please. *Hint: Some wooden matches and the striking surface from a matchbook in a plastic film can is a handy and waterproof necessity in a survival kit.*
7. Scout or Swiss Army style folding knives only. NO sheath knives, trench daggers, switchblades or Rambo knives are allowed in camp.
8. Parachute cord or other strong braided nylon/poly cord is very handy.
9. Some of the merit badge classes may require writing or drawing.